



Beauty Essence



Opening Hours

Monday 9.30am - 4.30pm
Tuesday 10.00am - 6.30pm
Wednesday 9.30am - 4.30pm
Thursday 10.00am - 6.30pm
Friday 9.30am - 4.30pm
Saturday 9.00am - 2.00pm
Sunday - Closed



Introduction

Beauty Essence

We are a beauty salon based in the heart of Woodthorpe, Nottingham.

Our Therapists have numerous years of experience and have worked with many high end brands. We recognise that everyone needs some "Me Time" which is why we aim to offer a relaxing experience in a friendly salon environment.

At Beauty Essence we offer all aspects of beauty along with extensive beauty advice. If you have any enquiries about a treatment that we offer, book in for a FREE consultation with one of our therapists.

Contents

Facials	4 - 8
Dermaplaning	9
Advanced Facials	10 - 11
Brows & Lashes	12 - 13
Waxing	14 - 15
Body Exfoliation & Tanning	16 - 17
Massage & Holistic	18 - 19
Manicure & Pedicure	20 - 21
Nail Treatments	22
Packages	23
Packages & Private Events	24

Contents

Facials

Since its inception in 1995, Crystal Clear has gained a reputation for developing hi-tech skincare products with a commitment to research and development that keeps them at the forefront of the skincare industry. They provide solutions for a wide variety of skin issues.

Whether you are suffering from acne, hyperpigmentation, wrinkles or you just want a general all-round skin pick me up, you can find something in their extensive range of clinically proven products or treatments to address your needs.

Microdermabrasion

Suitable for all skin types, microdermabrasion offers a safe controlled method of skin exfoliation by using crystals to revitalise dull skin. It also targets fine lines, wrinkles, acne scarring and pigmentation. The gentle vacuum action gives the facial muscles a mini work out each time providing an immediate lifting effect and ongoing improvement in muscle tone.

Recommended Homecare Products

Soothing Cleanser - Revitalising Toner - Illuminate Moisturising Cream

40 Minutes	£42.00
1 Hour: Includes A shoulder Massage & Face Mask	£52.00

A course of 6 treatments is recommended, 1 per week for 6 weeks

Stay Young Intense Anti-Ageing Facial

Suitable for ageing, tired, lined and dehydrated skin. This effective intensive treatment breathes life back into your complexion. It is the perfect choice to improve sun damaged, dehydrated and ageing skin types but also acts as a preventive treatment for younger skins.

Recommended Homecare Products

Wipe Away The Years Cleanser - Revitalising Toner - Anti-Ageing Moisturising Serum

1 Hour: Includes A Shoulder Massage & Face Mask **£47.00**

Recommended as a monthly booster treatment

Facials

Problem Solving Facial

Suitable for oily, combination, congestion, open pores and acne prone skin. This unique acne treatment acts on the alpha redactor enzyme to reduce excess sebum associated with acne prone skin. The active ingredients used, help to reduce inflammation and diminish bacteria to improve the skin condition.

Recommended Homecare Products

Deep Cleansing Gel - Revitalising Toner - Skin Repair Moisturiser

1 Hour: Includes A Shoulder Massage & Face Mask **£47.00**

Crystal Clear Express Facial

Suitable for all skin types the perfect introduction to skincare. Including a relaxing shoulder massage followed by moisturising creams.

30 Minutes **£30.00**

BeautyLab

BeautyLab was developed for professional celebrity facialists in 2001, the mission was to set the new standard in skincare by introducing results - driven, intelligent formulations that re-active and re-educate the skins functions. Soon gaining industry recognition for their anti-ageing and skin glamifying effect. Although it was developed in the UK, BeautyLab is now a global success delivering exceptional results for all age groups and skin concerns.

BeautyLab Peel

A unique resurfacing treatment which combines Glycolic Acid and Pomegrante Enzyme for optimum effect. Leading to a softer, smoother and brighter complexion. Glycopeel is ideal as an anti-ageing treatment working on sun-damage, pigmentation, premature ageing, dull, congested & acne prone skins.

Our Gylco Peel treatment is available in three strengths 10%, 20%, 30%. Your therapist will select the correct treatment for you.

Recommended Homecare Products

Glycowash Cleanser - Glycolic Discovery Set

1 Hour: Includes A Shoulder Massage & Face Mask

£52.00

A course of 6 treatments is recommended, 1 per week for 6 weeks

Facials

BeautyLab Express Facial

Suitable for all skin types the perfect introduction to skincare. Including a relaxing shoulder massage followed by moisturising creams.

30 Minutes

£30.00

BeautyLab Prescription Facial

A tailor made facial to suit your skin type consisting of professional products rich in plant collagen. These products will protect the skin from free radicals and UV damage.

Balancing Facial

To decongest, refresh, repair and rebalance the skin.

Hydrating Facial

To soothe, repair, hydrate and harmonise the skin.

Calming Facial

To calm, repair, hydrate and soothe the skin.

Recommended Homecare Products

Essentials Discovery Set

1 Hour: Includes A Shoulder Massage & Face Mask

£47.00

We are one of the first salons to offer the Dermaplaning in Nottingham. Dermaplaning immediately rejuvenates the skin by removing the top layer of dead skin cells and and fine downy hair (Peach Fuzz), leaving your skin brighter, smoother and softer. Your skin will benefit from a deeper absorption of products and create a flawless base for your make up application.

How often can you have the treatment?

If you was to have Dermaplaning on a regular basis we would recommend the treatment between every 4-6 weeks.

Basic Dermaplaning

The basic dermaplaning treatment consists of the skin being cleansed and prepped followed by the dermplaning treatment finished off with moisturiser and SPF.

30 - 40 Minutes **£57.00**

Basic Dermaplaning & Face Mask

40 - 50 Minutes **£67.00**

Luxury Dermaplaning

The luxury treatment consists of the skin being cleansed and prepped, a glycolic peel applied before moving on to the dermaplaning treatment. To finish a Hydrating mask is then applied followed by a relaxing shoulder massage, with a moisturiser and SPF.

1 Hour **£77.00**

COMCIT

Introducing COMCIT our most intensive skin rejuvenation treatment yet. This Ultimate Skin Rejuvenation System using COMCIT technology will deliver you beautiful and youthful looking skin just after one treatment. Crystal Clear H2O Glow treatment, is loved by lots of celebrities such as Katie Price, Gemma Atkinson, Lucy Mecklenburgh and many more.

Oxygen

Crystal Clear Pulsed Jet Oxygen is an intense anti-ageing treatment that plumps the skin from the inside out by using cold oxygen and serum infusions.

Crystal Clear Oxygen Therapy is a sophisticated and clinically proven treatment.

The result is dramatically rejuvenated skin with visibly reduced lines and wrinkles.

This treatment will hydrate the skin and is also anti bacterial which helps breakouts.

1 Hour: Includes A Shoulder Massage & Face Mask **£59.00**

*Courses recommended.

H2OGlow

Achieve red carpet results with Crystal Clear's most intense hydration treatment yet. The H2O Glow facial delivers freezing cold oxygen throughout the epidermis to nourish and invigorate skin cells, while the COMCIT roller allows Hyaluronic Acid to reach deeper dermal layers via micro-channels; plumping and re-balancing the skin from the inside out.

The result is brighter, fresher, hydrated skin that glows with a youthful radiance.

1 Hour: Includes A Shoulder Massage & Face Mask **£74.00**

Frozen

The most effective and advanced skin rejuvenation treatment yet, tackling lines, wrinkles and pigmentation.

New collagen production is stimulated which lifts and firms the skin. Results are immediate, you will notice the difference after your very first treatment. Your skin will be beautifully plumped and feel firmer. The result's will get better and better as new Collagen production is kick-started around day 4. For the ultimate rejuvenation we recommend a course of 6 treatments, taken 2 weeks apart.

- Microdermabrasion
- Oxygen Therapy
- Micro Needling
- Face mask & shoulder massage

1 Hour **£84.00**

Brows & Lashes

LVL Lashes

The perfect alternative to false lashes which adds length, volume and lift to your natural lashes. Lasting up to 6 weeks.*

1 Hour **£47.00**

Eyelash Extensions

Classic Full Set **£60.00**

Hybrid Full Set **£65.00**

Volume Full Set **£65.00**

Infills

Classic Infill (Up To 3 Weeks) **£32.00**

Classic Infill (3-4 Weeks) **£35.00**

Hybrid Infill **£35.00**

Volume Infill **£35.00**

Tinting

Eyebrow Tint	£14.00
Eyelash Tint	£16.00
Eyelash & Eyebrow Tint	£23.00
1 Tint & Eyebrow Shape	£23.00
2 Tints & Eyebrow Shape	£27.00

*Patch tests are required for LVL lashes, lash & brow tints

Brows & Lashes

Waxing

Waxing Price List

Eyebrow	£14.00
Lip	£14.00
Chin	£14.00
Sides of Face	£14.00
2 Face Waxes	£18.00
3 Face Waxes	£22.00
Underarm	£16.00
Forearm	£19.00
Full Arm	£22.00
Bikini Line	£18.00
Strip Only	£22.00
Brazilian	£27.00
Hollywood	£32.00
Full Leg	£27.00
Three Quarter Leg	£24.00
Half Leg	£22.00

Waxing Packages available

Male Waxing

Back Wax	£33.00
Chest Wax	£33.00
Shoulders Additional	£12.00

General Waxing Information

Prepare during the week prior to your appointment by exfoliating the area to be waxed. This will open up the follicles and minimise the chance of ingrowing hairs occurring.

On the day of your waxing appointment do not apply any creams or lotions on the area to be treated. 12 hours prior to any waxing appointment please avoid the following:

- Exercise / Sun Beds / Saunas and Steam Rooms

Do not use products containing glycolic or retinol if you are having any facial waxing as it can make the skin sensitive.

After your waxing appointment keep the waxed area clean, and avoid heat and friction during the next 24 - 48 hours.

This means:

- No hot baths or showers (cool to lukewarm water only)
- No saunas, hot tubs or steam treatments
- No tanning (sunbathing, sunbeds or fake tans)
- No sport, gym work or other exercise
- Wear clean, loose fitting clothes to avoid friction on the area
- Avoid swimming in chlorinated pools
- Do not apply make up, deodorants, body sprays, lotions or other products to the area, other than those recommended by your therapist.

Body Exfoliation & Tanning

Body Exfoliation

Mandarin and Black Pepper Scrub

A luxurious body scrub to exfoliate away dead skin cells and enhance skin renewal, leaving your skin softer and smoother.

1 Hour **£43.00**

Tanning

St Tropez Classic Tan

The perfect choice for a streak free tan with a natural sun kissed glow. 7 hour developing time.

30 Minutes **£25.00**

St Tropez Express Tan

The perfect choice for a streak free tan with a natural sun kissed glow containing fast-acting ingredients that develops in up to 3 hours.

1 Hour = Light Tan
 2 Hour = Medium Tan
 3 Hour = Dark Tan

30 Minutes **£27.00**

Pre Spray Tan Tips

Hair Removal:

Waxing or shaving must be done 24 hours prior to your appointment

Exfoliate 3-5 days prior:

Say goodbye to any dead skin with your favourite exfoliator. Simply exfoliate your skin all over, concentrating on some of your slightly drier areas. Exfoliating will create a fresh base for your spray tan to sit more evenly on the skin.

Moisturise Daily 3-5 days prior:

This will soften the skin and create a smooth base for the tan to sit flawlessly on you're skin.

Arrive showered with no make up, deodorant or moisturiser on the skin.

Wear loose dark clothing and flip flops

Post Tan Tips

Moisturise everyday to keep your tan looking it's best and start to exfoliate after day 3 of your tan to buff away any dead skin cells ensuring your St Tropez tan fades away evenly.

Massage & Holistic

Back, Neck and Shoulder Massage

A therapeutic massage designed to ease away stress and tension leaving you feeling relaxed and revitalised.

40 Minutes

£36.00

Full Body Massage

A delightful top to toe massage designed to ease away stress and tension leaving you feeling relaxed and revitalised.

1 Hour

£46.00

Hopi Ear Candles

A relaxing therapy to ease sinus congestion, headaches and to remove excess wax. When the candles are lit they gently draw out any impurities from the ears.

40 minutes

£32.00

Indian Head Massage

A relaxing massage working over the shoulders, neck, face and scalp. Using gentle finger tip pressure movements to help release blockages and ease tension.

40 Minutes **£36.00**

Hot Stones Massage

A relaxing massage using heated stones to warm up the muscles helping relieve deeper tension

40 minutes **£40.00**

1 Hour **£50.00**

Reflexology

Reflexology is beneficial in restoring balance and harmony by using pressure point massage techniques to encourage healing and relieve stress.

Reflexology is recommended for:

- Back pain and muscle strain
- Stress
- Poor circulation
- Anxiety and depression

1 Hour **£40.00**

Manicure & Pedicure

We offer a variety of nail treatments for both the hands & feet to suit all client needs, using products to ensure your nails are kept in a healthy condition.

Basic Cut & File of Fingers or Toes **£18.00**

File & Paint

Reshaping of either the fingers or the toes followed by nail polish application.

20 Minutes **£25.00**

Express Manicure or Pedicure

This express treatment consists of nail shaping, the softening and tidying of the cuticles, heated mitts for moisturisation followed by painting of the nails.

40 Minutes **£31.00**

Luxury Manicure

This luxurious manicure consists of nail shaping, an exfoliation to remove dead skin cells, softening and tidying of the cuticles, a hand and arm massage, heated mitts for moisturisation, followed by painting of the nails.

1 Hour **£38.00**

Luxury Pedicure

This luxurious pedicure consists of soaking the feet, nail shaping, an exfoliation, the removal of hard skin, softening and tidying of the cuticles, a relaxing foot massage, heated booties for moisturisation, followed by painting the nails.

1 Hour

£38.00

Callus Foot Peel

This treatment consists of using a specialised peel onto the problem areas of the feet. It is registered as a medical device in the UK and you will see a visible difference after just one treatment!

- Contains 99% natural ingredients
- Suitable for diabetics and during pregnancy

The callus peel is available as a treatment alone or you can add it onto a pedicure for a luxurious treatment!

40 Minutes

£33.00

Can be added onto any pedicure treatment for an additional £10.00

Nail Treatments

CND Shellac Nails

Keeping the health of the natural nail in mind, shellac offers a long lasting, high shine finish. Which helps to strengthen and protect the natural nail. Shellac is hypo - allergenic and has zero drying time.

40 Minutes	£30.00
Soak off and re-apply	£37.00

The Gel Bottle

The GelBottle Inc™ gel polishes are rich, highly pigmented, chip-resistant and offer extreme long lasting shine. The good news doesn't end there because they are also VEGAN & CRUELTY FREE.

40 Minutes	£30.00
Soak off and re-apply	£37.00

Additional £2.00 for BIAB applicaiton

Removal of CND* and The Gel Bottle

Our removal treatment consists of soaking the nails to remove them followed by tidying the nails and cuticle oil to hydrate the nail bed.

30 Minutes	£20.00
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Calgel Overlays & Extensions

Full set of extensions	£42.50
Overlays on fingers	£33.50
Overlays on toes	£28.50
Infills on fingers	£28.50
Infills on toes	£23.50
Soak off	£16.50

Back Scrub, Back Massage & Express Facial

A luxurious body scrub to exfoliate away dead skin cells and enhance skin renewal, leaving your skin softer and smoother. Followed by a relaxing back, neck and shoulder massage plus an express facial tailored to your skin.

1 hour **£52.00**

Callus Foot Peel & Basic Dermaplaning

This package consists of using a specialised peel onto the problem areas of the feet. Removing dead skin cells leaving the feet noticeably softer and smoother followed by the Basic Dermaplaning Facial which removes all the peach fuzz hair, exfoliates and brightens the skins complexion.

1 hour **£75.00**

Terms & Conditions

Terms & Conditions

48 hours notice is required for cancellations
or a 50% payment will be required.

Deposits may be required for packages and treatments.

Any courses which offer a discount are to be
paid in full at the initial treatment time.

Please come to your appointment alone and arrive as
close to the appointment time as possible.

If you arrive late to your appointment it may be shortened
or rescheduled. Any appointments shortened due to late
arrival will still be charged the full payment.

Mobile phones must be kept on silent whilst visiting the salon.